

## ① Precautions

when collecting urine Please be sure to collect your urine on the day of your medical examination (preferably just before the medical examination).

- Do not take vitamin supplements or juices containing vitamin C from the evening of the previous day, as they may affect the test results.
- Be sure to urinate once before going to bed.

## ② Urine collection method

(1) Take urine in a urine collection cup "Don't take the urine at the beginning, please take the urine from the middle to the end in a cup."

(2) Absorb urine with a container · Remove the cap and squeeze the entire container to suck up the urine.

- Collect urine within the range indicated on the container.
- Tighten the cap tightly so that urine does not leak.

\*Insufficient urine volume

## ③ Submission method

- Peel off the label for urine test container on the top of the bag.
- Apply the arrow to the top (cap side) and wrap it around the container.
- Put only the container in the bag, and do not put plastic bags or tissue paper



← You can check the video by accessing the association website from this QR code. QR code is also printed on the back of the container bag.

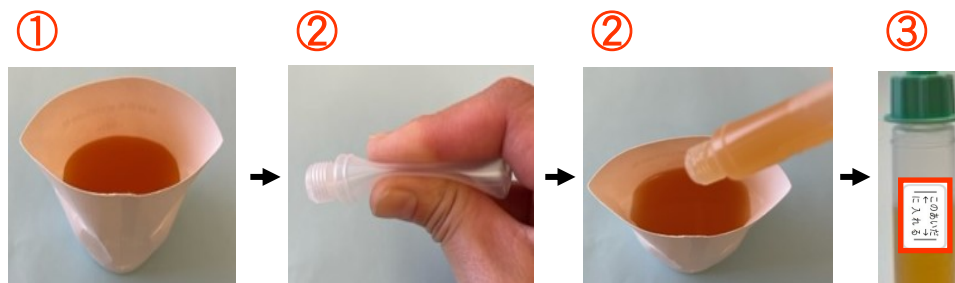
## Urine collection method \*Make sure to collect urine on the day of the checkup



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**Please collect urine within the indicated range. \*The test cannot be performed if the amount of urine is low.**

- Take urine into a urine collection cup
- Suck up the urine by pressing the entire container tightly.
- Confirm that urine has been collected within the range indicated on the container and tighten the cap firmly.



## ④ Attach the label

**Please attach it to the top line of the container so as to cover the 3D display.**



## ⑤ Put it in the submission bag

\*The color of the label and submission bag varies depending on the inspection item.